

Facts of Life Books

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Book for Adolescent Boys Uses Humor and Straight Talk to Explain Puberty, the Facts of Life, Reproduction and More

Ellicott City, MD—June 3, 2013—Adolescent boys and parents needing to learn about, or explain, the sometimes awkward topics of the facts of life, puberty, and more will benefit from a humorous and fact-filled book written by an expert in teaching, human development, behavioral health and children.

Bork Reveals the Real Deal about the Facts of Life (ISBN 9781466427846, paperback, 69 pp., 5 ½ x 8 ½, \$12.99), gives preteen boys the essentials about everything they need to know about the facts of life.

Terri Shearer Trenchard's book has been featured in several publications, including the *Winchester Star*, *Baltimore's Child* and *Maryland Family Magazine*. In addition, Trenchard has appeared at numerous books stores and festivals throughout the Maryland, Virginia and DC areas. Whether hosting a workshop for preteen boys discussing the basics of shaving, or contributing parenting tips to a popular New England online magazine, Trenchard's approach is fun, informative, and relaxed. A strong believer that knowledge is empowering, the author equips readers with the easy-to-understand facts about what preteen boys are experiencing, and discusses the physical, emotional and social developments which are common to all boys during puberty.

Through interactive "Real Deal Action Challenges," main character Bork leads boys on an engaging journey, allowing them to address questions in a real, fact-based manner. The book's amusing and edgy style will appeal to boys ranging from nine to 13 years old.

Educators will find the book complements sex education courses often taught in the upper elementary classes at school, while parents, pediatricians, librarians and counselors will find it a beneficial resource.

Whether introducing these topics for the first time or reviewing these all-important matters, parents will appreciate the author's unique and careful approach to covering the basic facts of sex and reproduction while avoiding the values and judgments that often accompany these topics.

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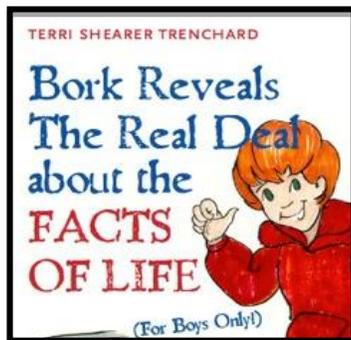
“As a mother of two boys I was overjoyed to get asked to read and review this title. I read it with my husband and we were both blown away how Trenchard made the tough and uncomfortable topics of puberty and adolescence into funny and conversational tidbits to help us navigate the adventure of having two boys.” Emily Lewis, [Mrs.MommyBookNerd](http://Mrs.MommyBookNerd.com).

Author Terri Shearer Trenchard has a master’s degree in Education and Human Development from The George Washington University, and a bachelor’s with a concentration in Psychology from Bucknell University. She lives in Ellicott City, Maryland with her husband and their two children.

She is currently developing a similar title, “Corky Gives the Whole Scoop about the Facts of Life” for girls, as well as additional titles about topics of interest to young adults, including summer jobs and college.

The book is available at www.CreateSpace.com/3612374 or Amazon.com, as well as local retailers including the Winchester Book Gallery, Greetings and Readings, Kolache Creations, and Elegant Style Boutique and Design. More information about *Bork Reveals the Real Deal about the Facts of Life* or the author Terri Shearer Trenchard can be found at www.factsoflifebooks.com.

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